

FOOTWEAR



>>> <https://bike.shimano.com/en-EU/apparel-accessories/footwear.html>

THE RIGHT SHOE FOR
EVERY RIDER AND
EVERY RIDE



ROAD

RC9 S-PHYRE

ULTIMATE ROAD COMPETITION SHOE WITH SUPREMELY ENGINEERED FIT AND OPTIMUM POWER TRANSFER.

FEATURES

- 360° surround wrapping upper creates a supremely engineered fit for all riders.
- Heel cup with anti-twist stabilization secures optimal foot positioning for intense acceleration and high tempo cadences.
- Function-specific zones and scientifically optimized upper materials maximize fit and pedaling performance.
- Dual low-profile BOA® Li2 dials allow quick and precise micro-adjustments.
- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Adjustable powerzone lace guide securely holds forefoot.

SIZE

- Standard: 36, 37 - 47 in half sizes, 48;
- Wide: 36, 37 - 47 in half sizes, 48

WEIGHT

- 235.5 g (SIZE 42)



12



SHIMANO DYNALAST



BEST MATCH
PD-R9100



Blue
SH-RC902



White
SH-RC902



Red
SH-RC902



Black
SH-RC902

NEW

RC9S S-PHYRE

LIMITED DURA-ACE SPECIAL EDITION OF OUR ULTIMATE ROAD COMPETITION SHOE.

FEATURES

- Shiny set of low-profile BOA® Li2 metal dials dazzle with their premium looks and quick micro-adjustments.
- 360° surround wrapping upper with enameled finish creates a supremely engineered fit with a dash of luxury for all riders.
- Tastefully refined glossy black heel cup with anti-twist stabilization secures optimal foot positioning for intense acceleration and high tempo cadences.
- Function-specific zones and scientifically optimized upper materials maximize fit and pedaling performance.
- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Adjustable powerzone lace guide securely holds forefoot.

SIZE

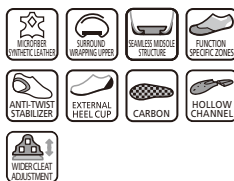
- Standard: 36, 37 - 47 in half sizes, 48;
- Wide: 36, 37 - 47 in half sizes, 48

WEIGHT

- 240 g (SIZE 42)



12



SHIMANO DYNALAST



BEST MATCH
PD-R9100



Black
SH-RC902S



NEW

RC9T S-PHYRE

S-PHYRE TRACK RACING SHOES TAILORED TO SPRINTERS, T.T., AND CRITERIUM SPECIALISTS.

FEATURES

- Stretch-resistant upper minimizes foot movement and improves power transfer.
- 360° surround wrapping upper creates a supremely engineered fit for all riders.
- Heel cup with anti-twist stabilization secures optimal foot positioning for intense acceleration and high tempo cadences.
- Low-profile BOA® Li2 dial dual micro adjustment with power boost lace guide.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.
- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.

SIZE

- Standard: 36, 37, 38, 39 - 47 in half sizes, 48;
- Wide: 38, 39 - 47 in half sizes, 48

WEIGHT

- 235 g (SIZE 42)



12



SHIMANO DYNALAST



BEST MATCH
PD-R9100

White
SH-RC902T



NEW

RC7

ROAD COMPETITION LEVEL SHOES INFUSED WITH S-PHYRE DNA.

FEATURES

- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Ultra-rigid hollow carbon midsole efficiently vents air and drains water.
- Supple high-density synthetic leather with perforation and lightweight mesh/TPU combination bring superior fit and comfort.
- Dual independent BOA® L6 dials allow quick, micro tension adjustments.
- Adjustable powerzone lace guide securely holds forefoot.
- SHIMANO DYNALAST promotes smoother pedaling and more efficient power transfer.

SIZE

- Standard: 38 - 47 in half sizes, 48, 49, 50;
- Wide: 38 - 47 in half sizes, 48, 49, 50

WEIGHT

- 255 g (SIZE 42)



10



SHIMANO DYNALAST



BEST MATCH
PD-R8000

Black
SH-RC702



Red
SH-RC702



White
SH-RC702

NEW

RC5

LIGHTWEIGHT ROAD PERFORMANCE SHOES WITH S-PHYRE DNA.

FEATURES

- Mesh/TPU and Synthetic leather material covered upper in optimized part to provides comfortable fit and light weight.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- BOA® L6 dial on instep strap quickly and comfortably secures a wide range of foot shapes.
- Carbon fiber reinforced nylon midsole for power transfer.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.

SIZE

- Standard: 38 - 50;
- Wide: 38 - 50

WEIGHT

- 241 g (SIZE 42)



8



SHIMANO DYNALAST



BEST MATCH
PD-R7000

Blue
SH-RC502



Black
SH-RC502



White
SH-RC502

RC3

HIGH-PERFORMANCE ROAD CYCLING SHOE WITH ADVANCED FIT AND PEDALING TECHNOLOGIES.

FEATURES

- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Off-set center flap mounted BOA® L6 dial creates a sleeker profile with quick adjustments.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.
- Perforated synthetic leather composite upper enables superior fit and breathability.
- Lightweight glass fiber reinforced nylon sole for power transfer.

SIZE

- Standard: 36 - 52;
- Wide: 36 - 52

WEIGHT

- 243 g (SIZE 42)



SHIMANO DYNALAST



BEST MATCH
PD-R550, PD-RS500



Red
SH-RC300



White
SH-RC300



Black
SH-RC300

RC1

ROAD CYCLING SHOE WITH RACE-INSPIRED STYLE AND FEATURES.

FEATURES

- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Synthetic leather with mesh texture creates a comfortable fit and an exciting racing profile.
- Three durable hook & loop straps evenly spread tightening force across the top of the foot.
- Lightweight glass fiber reinforced nylon sole for power transfer.
- Durable, wide heel pads provide walking stability.
- Offset strap relieves tension at highest point of the foot.

SIZE

- Standard: 36 - 50

WEIGHT

- 238 g (SIZE 42)



SHIMANO DYNALAST



BEST MATCH
PD-R550, PD-RS500



Navy
SH-RC100



Yellow
SH-RC100



Black
SH-RC100

TRIATHLON

TR9

PRO TRI RACING SHOE DESIGNED TO SHORTEN TRANSITIONS AND OPTIMIZE POWER TRANSFER.

FEATURES

- T1-Quick strap and extra-wide upper opening simplifies and quickens transitions.
- Lightweight, rigid carbon fiber composite sole efficiently transfers power.
- Water-resistant microfiber synthetic leather with strategic venting.
- Breathable 3D mesh breathes great and dries fast.
- External heel cup stabilizes heel.
- Large heel loop is easier to grab to quickly secure the shoe during transitions.

SIZE

- Standard: 36, 37 - 47 in half sizes, 48, 49, 50

WEIGHT

- 230 g (SIZE 42)



10



SHIMANO DYNALAST



BEST MATCH
PD-R9100



Blue
SH-TR901

TR5

TRIATHLON SHOE WITH ADVANCED FIT AND PERFORMANCE TECHNOLOGY.

FEATURES

- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.
- T1-Quick strap and extra-wide collar simplifies foot entry and quickens transitions.
- Quickly secure shoe during transitions with easy to grab asymmetrical heel loop.
- 3D breathable mesh improves airflow and dries quicker.
- Lightweight glass fiber reinforced nylon sole for power transfer.
- Adaptable cup Insole.

SIZE

- Standard: 36 - 50

WEIGHT

- 247 g (SIZE 42)



6



SHIMANO DYNALAST



BEST MATCH
PD-R7000



CITY TOURING

CT5

A UNIQUE AND VERSATILE CYCLING SHOE CLEVERLY DISGUISED AS AN URBAN SNEAKER.

FEATURES

- Casual sneaker-style design for everyday cycling life.
- Hidden inner shank plate transfers power to the pedals.
- Shock absorbing EVA mid sole maximizes walking comfort.
- Easy SPD cleat installation.
- Optimized for SPD and SHIMANO CLICK'R pedal systems.

SIZE

- Standard: 36 - 48

WEIGHT

- 342 g (suede)
- 332 g (mesh)
- (SIZE 42)



VOLUME TOUR LAST



BEST MATCH
PD-ED500, PD-T421



Gray
SH-CT500



Navy
SH-CT500



Black
SH-CT500

INDOOR CYCLING

NEW

IC2

INDOOR SPD CYCLING SHOE WITH A COMFORTABLE FIT AND MAXIMUM BREATHABILITY.

FEATURES

- Breathable, comfortable sock mesh upper designed for hard workouts.
- Quick-fastening instep cross strap securely holds feet in place.
- Stable rubber sole enhances walking comfort.
- Full-length reinforced plate provides stable power transfer.
- Mixing of DYNALAST and DYNALAST WOMEN'S sizing for easily finding the suitable fit.

SIZE

- 36 - 48 (36 - 41 women's fit)

WEIGHT

- 275 g (SIZE 42)



SHIMANO DYNALAST



BEST MATCH
PD-ED500, PD-M520



Black
SH-IC200



NEW

IC1

ENTRY INDOOR CYCLING SHOE WITH A COMFORTABLE FIT AND MAXIMUM BREATHABILITY.

FEATURES

- Breathable, comfortable sock mesh upper designed for hard workouts.
- Quick-fastening instep cross strap securely holds feet in place.
- SPD-SL and SPD cleat compatibility.
- Lightweight glass fiber reinforced nylon sole for efficient power transfer.
- Mixing of DYNALAST and DYNALAST WOMEN'S sizing for easily finding the suitable fit.
- Perforated insole and ventilated outsole work together to dry feet faster.

SIZE

- 36 - 50 (36 - 41 women's fit)

WEIGHT

- 225 g (SIZE 42)



SHIMANO DYNALAST



BEST MATCH
PD-ED500, PD-M520,
PD-RS500, PD-R550



Black
SH-IC100



XC-RACING

NEW

XC9 S-PHYRE

ULTIMATE XC RACING SHOES WITH PRO-GUIDED DESIGN ARE ENGINEERED TO DOMINATE.

FEATURES

- Uncompromising Cross Country MTB and Cyclocross racing shoe with the lightest ever structure.
- Lightweight SHIMANO ULTREAD XC rubber outsole with highly technical tread pattern creates the ultimate racing grip.
- Rider-tunable talon-shaped metal spikes allow riders to choose ultra-lightweight performance or ultimate traction.
- Dual low-profile BOA® Li2 dials allow quick and precise micro-adjustment.
- Surround wrapping upper with function-specific zones and scientifically optimized materials maximize fit and pedaling performance.
- Low stack height midsole helps stabilize foot, maximizes power transfer and efficiency.
- Adjustable powerzone lace guide securely holds forefoot.

SIZE

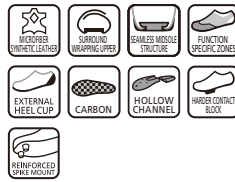
- Standard: 36, 37, 38, 39 - 47 in half sizes, 48;
- Wide: 38, 39 - 47 in half sizes, 48

WEIGHT

- 296 g (SIZE 42)



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ULTREAD



BEST MATCH
PD-M9100

White
SH-XC902



Black
SH-XC902



Blue
SH-XC902

NEW

XC7

XC COMPETITION-LEVEL SHOES INFUSED WITH S-PHYRE DNA.

FEATURES

- Lightweight SHIMANO ULTREAD XC rubber outsole delivers competition-grade grip that lasts.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Rider-tunable spikes allow riders to select and swap spikes to match riding styles and conditions.
- Ultra-rigid, lightweight carbon fiber reinforced midsole.
- Supple high-density synthetic leather with perforation and lightweight mesh/TPU combination bring superior fit and comfort.
- Dual independent BOA® L6 dials allow quick, micro tension adjustments.

SIZE

- Standard: 38, 39 - 47 in half sizes, 48, 49, 50;
- Wide: 38, 39 - 47 in half sizes, 48, 49, 50

WEIGHT

- 320 g (SIZE 42)



9



SHIMANO DYNALAST

ULTREAD



BEST MATCH
PD-M8100

Red
SH-XC702



Black
SH-XC702



White
SH-XC702

NEW

XC5

STYLISH AND VERSATILE XC SHOES DELIVER HIGH PERFORMANCE TO MORE RIDERS.

FEATURES

- Lightweight SHIMANO ULTREAD XC rubber outsole delivers competition-grade grip that lasts.
- Mesh/TPU and Synthetic leather material covered upper in optimized part to provides comfortable fit and light weight.
- BOA® L6 dial on instep strap quickly and comfortably secures a wide range of foot shapes.
- Glass fiber reinforced midsole for power transfer.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Rider-tunable spikes allow riders to select and swap spikes to match riding styles and conditions.
- Low stack height midsole helps stabilize foot, maximizes power transfer and efficiency.

SIZE

- Standard: 38 - 50;
- Wide: 38 - 48

WEIGHT

- 300 g (SIZE 42)



7



SHIMANO DYNALAST

ULTREAD



BEST MATCH
PD-M8100

Moss green
SH-XC502



Black
SH-XC502



Blue
SH-XC502

XC3

HIGH-PERFORMANCE XC MTB RACING SHOE WITH ADVANCED FIT AND PEDALING TECHNOLOGIES.

FEATURES

- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Off-set center flap mounted BOA® L6 dial creates a sleeker profile with quick adjustments.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Rubber XC racing pattern outsole promotes stable pedal engagement and secure walking grip.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.
- Perforated synthetic leather composite upper enables superior fit and breathability.
- Lightweight glass fiber reinforced nylon sole for power transfer.

SIZE

- Standard: 36 - 52;
- Wide: 36 - 52

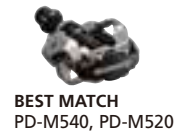
WEIGHT

- 332 g (SIZE 42)



SHIMANO DYNALAST

Navy
SH-XC300



Black
SH-XC300

XC1

PERFORMANCE XC MTB SHOE WITH SHIMANO QUALITY AND DESIGN.

FEATURES

- Perforated synthetic leather composite upper enables superior fit and breathability.
- Three durable hook & loop straps evenly spread tightening force across the top of the foot.
- Offset strap relieves tension at highest point of the foot.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Lightweight glass fiber reinforced nylon sole for power transfer.
- Rubber XC racing pattern outsole promotes stable pedal engagement and secure walking grip.

SIZE

- Standard: 38 - 50

WEIGHT

- 334 g (SIZE 42)



SHIMANO DYNALAST

Black
SH-XC100



Red
SH-XC100

GRAVEL/ADVENTURE

RX8

FEATHERWEIGHT GRAVEL RACING SHOES.

FEATURES

- Super stiff and lightweight carbon composite sole.
- System engineered with SPD pedals for maximum pedaling efficiency and stability.
- Lightweight, abrasion-resistant TPU lugs for the best balance of pedaling performance and off the bike capability.
- Surround upper pattern provides the perfect balance of holding power and absolute all day comfort.
- BOA® IP1 with dual micro adjustment function.

SIZE

- Standard: 38 - 50;
- Wide: 38 - 48

WEIGHT

- 265 g (SIZE 42) 265 g (SIZE 42)



SHIMANO DYNALAST

NEW COLOR
Bronze
SH-RX800



Silver
SH-RX800



Black
SH-RX800

TRAIL/ENDURO

ME7

THE ULTIMATE MTB SHOE FOR TOUGH TERRAIN AND EXTREME ENDURO RIDING.

FEATURES

- Armored, durable and highly efficient pedaling for aggressive Enduro riding.
- Stretch Neoprene ankle collar offers additional protection from trail debris.
- MICHELIN OCX3 dual-density rubber outsole offers superior traction, durability, stability, and slip resistance.
- "TORBAL" torsional midsole allows natural rider flow on descents.
- Speed lacing system securely fits a wide range of foot shapes.
- Low-profile, reverse mount buckle securely holds foot.

SIZE

- Standard: 38 - 50;
- Wide: 38 - 48

WEIGHT

- 400 g (SIZE 42)



8



TORBAL

VOLUME + LAST

Olive
SH-ME702



BEST MATCH
PD-M9120



Black
SH-ME702

ME5

DEDICATED TRAIL PERFORMANCE SHOE WITH EXCELLENT PEDALING EFFICIENCY AND OFF-THE-BIKE TRACTION.

FEATURES

- Offset tongue and BOA® profile improve comfort and stable pedaling performance.
- BOA® L6 with plastic shield closure prevents accidental release when colliding against rocks/trail obstacles.
- Reinforced armor provides great protection and excellent durability.
- Proprietary SHIMANO grippy rubber compound outsole offers superior traction in wet conditions.
- "TORBAL" torsional midsole allows natural rider flow on descents.
- Adjustable powerzone lace guide securely holds forefoot.

SIZE

- Standard: 38 - 50

WEIGHT

- 362 g (SIZE 42)



6



TORBAL

VOLUME + LAST

Black
SH-ME502



BEST MATCH
PD-M8120



MW7

TOUGH, INSULATED, WATERPROOF, AND COMFORTABLE SHOE BUILT FOR RIDERS WITHOUT AN OFF-SEASON.

FEATURES

- Waterproof GORE-TEX Insulated Comfort liner for maximum comfort.
- Integrated lace-shield design with high cuff cover construction.
- BOA® L6 dial for quick and precise micro-adjustment.
- Fleece-lined insole for added insulation and heat retention.
- 360-degree reflectivity for high visibility.
- MICHELIN high-performance, dual-density rubber outsole offers superior traction with unmatched durability, stability, and slip resistance.
- "TORBAL" torsional midsole allows natural rider flow on descents.

SIZE

- Standard: 38 - 48

WEIGHT

- 480 g (SIZE 42)



5



TORBAL

VOLUME + LAST

Black
SH-MW701



BEST MATCH
PD-M8120



MW5

BUILT FOR RIDERS WITHOUT AN OFF-SEASON.

FEATURES

- DRYSHIELD membrane with fleece liner keeps feet warm and comfortable in rain, wind, cold and mud.
- Fleece-lined insole for added insulation and heat retention.
- Lace flap and neoprene ankle collar keep out water and dirt.
- Speed lacing system allows fast, secure adjustments.
- Adaptable cup insole with fleece liner.
- 360-degree reflectivity for high visibility.
- Lightweight rubber outsole offers all-conditions traction and grip.

SIZE

- Standard: 38 - 48

WEIGHT

- 390 g (SIZE 42)



DRYSHIELD

VOLUME + LAST



BEST MATCH
PD-ME700, PD-M540

Black
SH-MW501



CROSS MOUNTAIN

XM9

MULTI-SEASON, ALL-CONDITIONS ADVENTURE SHOES.

FEATURES

- Flexible half length shank plate and shock absorbing EVA delivers trail walkability within a serious cycling shoe.
- Mid-top design offers added stability, ankle protection and walking support.
- Breathable, waterproof GORE-TEX performance liner keeps feet comfortable and dry.
- Strategic ankle padding prevents debris from entering the shoe without interfering with pedaling movement.
- Adaptable cup insole.

SIZE

- Standard: 36 - 48

WEIGHT

- 579 g (SIZE 42)



VOLUME PERFORMANCE LAST



BEST MATCH
PD-M8120, PD-T8000

Gray
SH-XM900



GRAVITY

NEW

AM9

ARMORED FLAGSHIP DOWNHILL/ENDURO SPD SHOES SHRED HARD WITH COMMANDING CONTROL.

FEATURES

- Massive instep strap securely holds foot to support aggressive pedaling over any terrain.
- Armored lace shield tongue cover provides extra protection from debris.
- Speed lacing system allows fast, secure adjustments and it can stay easily under the tongue cover with hook and loop.
- Pedal Channel for stable shoe to pedal platform when not clipped in.
- 18 mm rearward cleat adjustment for improved bike control.
- Asymmetrically raised padded ankle collar and sidewall sole for added protection.

SIZE

· Standard: 38 - 48

WEIGHT

· 424 g (SIZE 42)



5



BIKE
RATED



PEDAL CHANNEL

VOLUME TOUR LAST



BEST MATCH
PD-M821



Black
SH-AM903

NEW

AM5

VERSATILE SPD MOUNTAIN BIKING SHOES COMBINE CLEAN DESIGN AND ESSENTIAL TRAIL PROTECTION.

FEATURES

- Pedal Channel for stable shoe to pedal platform when not clipped in.
- Grippy SHIMANO rubber outsole with toe and heel tread improves stability while clipped in and walking.
- Asymmetrically raised padded ankle collar and sidewall sole for added protection.
- High volume Last for all day on and off the bike comfort.
- Robust toe cap for additional toe protection.
- Durable synthetic upper with mesh for protection and breathability.

SIZE

· Standard: 38 - 48

WEIGHT

· 440 g (SIZE 42)



5



BIKE
RATED



PEDAL CHANNEL

VOLUME TOUR LAST



BEST MATCH
PD-ME700



Black
SH-AM503

NEW

GR9

FLAGSHIP FLAT SOLE SHOE FOR HIGH-ADRENALINE GRAVITY RIDING IN STYLE.

FEATURES

- Gravity-optimized SHIMANO ULTREAD GR rubber compound and tread pattern deliver legendary pedal grip and control.
- Casual skater-style with simple laces and mesh windows for familiar comfort.
- Durable rubber outsole with water drainage channels provides enduring grip performance and walkability.
- Asymmetrically raised padded ankle collar and sidewall sole for added protection.
- Robust toe cap for additional toe protection.
- Materials absorb less water and dry quickly.

SIZE

· Standard: 38 - 48

WEIGHT

· 396 g (SIZE 42)



3

BIKE
RATED



ULTREAD

VOLUME TOUR LAST



BEST MATCH
PD-M829, PD-M8141



Black
SH-GR903

GR5

FLAT PEDAL SHOE PROVIDES THE GRIP, PROTECTION, COMFORT, AND STYLE RIDERS DESIRE.

FEATURES

- Proprietary SHIMANO rubber outsole improves grip on pedal pins for better bike control and ground for greater traction.
- Durable synthetic upper with mesh for protection and breathability.
- Reinforced toe and ankle protection.
- Volume Tour Last for all day on and off the bike comfort.
- Available in sizes: 33-48.

SIZE

- Standard: 33 - 48

WEIGHT

- 350 g (SIZE 42)



BIKE
RATED



VOLUME TOUR LAST



BEST MATCH
PD-GR500, PD-GR400



Black/Blue
SH-GR501



Olive
SH-GR501



Black
SH-GR501

MOUNTAIN TOURING

MT7GTX

A VERSATILE CYCLING SHOE BUILT FOR ALL-WEATHER MOUNTAIN TOURING, BIKEPACKING OR COMMUTING.

FEATURES

- Breathable, waterproof GORE-TEX performance liner keeps feet comfortable and dry.
- Robust toe cap for additional toe protection.
- BOA® L6 dial allows quick and precise micro-adjustment.
- Flexible half-length shank balances pedaling and walking rigidity.
- Shock absorbent EVA midsole and rubber outsole for comfort on and off the bike.

SIZE

- Standard: 36 - 48

WEIGHT

- 398 g (SIZE 42)



SPD

BIKE
RATED



GORE-TEX

BOA

VOLUME TOUR LAST



BEST MATCH
PD-M8120, PD-T8000



Black
SH-MT701GTX



MT7

A VERSATILE CYCLING SHOE BUILT FOR MOUNTAIN TOURING, BIKEPACKING OR COMMUTING.

FEATURES

- Mesh and TPU composite upper provides comfortable fit, better breathability and durability.
- Robust toe cap for additional toe protection.
- BOA® L6 dial allows quick and precise micro-adjustment.
- Flexible half-length shank balances pedaling and walking rigidity.
- Shock absorbent EVA midsole and rubber outsole for comfort on and off the bike.

SIZE

- Standard: 36 - 48

WEIGHT

- 365 g (SIZE 42)



SPD

BIKE
RATED



GORE-TEX

BOA

VOLUME TOUR LAST



BEST MATCH
PD-M8120, PD-T8000



Black
SH-MT701



NEW

MT5

COMFORTABLE, SURE-FOOTED TOURING SHOES FOR ACTIVE OUTDOOR LIFESTYLES.

FEATURES

- The high-performance off-road cycling shoe with walkability of light hiking shoes.
- Secure speed lacing system with instep strap for fast and easy fit adjustments.
- Lightweight, sporty mesh-paneled upper fits securely and breathes well.
- Glass fiber reinforced shank plate for optimal sole rigidity.
- Shock absorbent EVA midsole and rubber outsole for comfort on and off the bike.

SIZE

- Standard: 38 - 48

WEIGHT

- 354 g (SIZE 42)



VOLUME TOUR LAST



Navy
SH-MT502



Black
SH-MT502



BEST MATCH
PD-T8000, PD-EH500

SD5

SPD CYCLING SANDAL.

FEATURES

- Warm weather casual riding option that wears like a sandal and pedals like a cycling shoe.
- Glass fiber reinforced shank plate for optimum sole rigidity.
- Stable rubber outsole for comfortable riding and walking.
- Smooth mesh and synthetic leather liner for barefoot riding comfort.
- Classic dual strap and open toe design for an efficient and comfortable fit.
- Same one-step sizing as SHIMANO cycling shoes.

SIZE

- Standard: 38 - 48

WEIGHT

- 396 g (SIZE 42)



VOLUME TOUR LAST



Black
SH-SD501



BEST MATCH
PD-T8000, PD-M324

E-BIKE TOURING

NEW

ET7

WORRY LESS ABOUT WHERE YOU STEP WITH THESE MULTI-WEATHER E-BIKE TOURING/TREKKING SHOES.

FEATURES

- Single BOA® L6 dial with optimized lacing pattern quickly and comfortably secures the shoe for efficient pedaling.
- SPLASH SHIELD forefoot membrane protects toes with light water resistance without affecting fit or comfort.
- Semi-rigid Power Transfer Blade midsole for efficient pedaling power transmission.
- Adaptive outsole cross-grooves create a better grip with various types of pedal cages & pins.
- 360° Traction sole block pattern offers better grip on various types of pedals and terrain.
- Hike & descent traction design block pattern on heel & toe provide great grip on variable terrain.
- Toe box protection and reflective detailing.

SIZE

· Standard: 38 - 48

WEIGHT

· 335 g (SIZE 42)



4

E-BIKE
RATED



SYNTHETIC



SPLASHSHIELD
VOLUME TOUR LAST



Blue
SH-ET700



Black
SH-ET700



BEST MATCH
PD-T8000, PD-EH500,
PD-M8141, PD-GR500

ET5

FLAT PEDAL E-BIKE TOURING/TREKKING SHOE INFUSED WITH PEDALING SCIENCE FOR EXCEPTIONAL RIDING AND WALKING COMFORT.

FEATURES

- Semi-rigid Power Transfer Blade midsole for efficient pedaling power transmission.
- 360° Traction sole block pattern offers better grip on various types of pedals and terrain.
- Adaptive outsole cross-grooves create a better grip with various types of pedal cages & pins.
- Hike & descent traction design block pattern on heel & toe provide great grip on variable terrain.
- Mini Power Strap lacing system secures foot and provides a comfortable fit.
- Toe box protection and reflective detailing.

SIZE

· Standard: 36 - 48

WEIGHT

· 347 g (SIZE 42)



4

E-BIKE
RATED



M.P.S.

VOLUME TOUR LAST



Black
SH-ET500



Neon yellow
SH-ET500



Red
SH-ET500



BEST MATCH
PD-T8000, PD-M324,
PD-EH500, PD-EF102

ET3

FLAT PEDAL E-BIKE TOURING SHOE THAT COMBINES PEDALING SCIENCE AND WALKING COMFORT.

FEATURES

- Semi-rigid Power Transfer Blade midsole for efficient pedaling power transmission.
- 360° Traction sole block pattern offers better grip on various types of pedals and terrain.
- Adaptive outsole cross-grooves create a better grip with various types of pedal cages & pins.
- Hike & descent traction design block pattern on heel & toe provide great grip on variable terrain.
- Toe box protection and reflective detailing.

SIZE

· Standard: 36 - 48

WEIGHT

· 332 g (SIZE 42)



4

E-BIKE
RATED



SYNTHETIC

VOLUME TOUR LAST



Khaki
SH-ET300



Navy
SH-ET300



Gray
SH-ET300



BEST MATCH
PD-T8000, PD-M324,
PD-EH500, PD-EF102

WOMEN

RC9 WOMEN

WOMEN'S ULTIMATE ROAD COMPETITION SHOE WITH SUPREMELY ENGINEERED FIT AND OPTIMUM POWER TRANSFER.

FEATURES

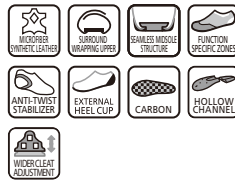
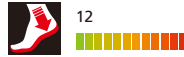
- 360° surround wrapping upper creates a supremely engineered fit for all riders.
- Heel cup with anti-twist stabilization secures optimal foot positioning for intense acceleration and high tempo cadences.
- Function-specific zones and scientifically optimized upper materials maximize fit and pedaling performance.
- Dual low-profile BOA® Li2 dials allow quick and precise micro-adjustments.
- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Women's specific last with surround wrapping upper creates a more natural and comfortable fit.
- Adjustable powerzone lace guide securely holds forefoot.

SIZE

· Women: 36 - 44

WEIGHT

· 223 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-R9100

NEW

RC5 WOMEN

LIGHTWEIGHT WOMEN'S ROAD PERFORMANCE SHOES WITH S-PHYRE DNA.

FEATURES

- Mesh/TPU and Synthetic leather material covered upper in optimized part to provides comfortable fit and light weight.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- BOA® L6 dial on instep strap quickly and comfortably secures a wide range of foot shapes.
- Carbon fiber reinforced nylon midsole for power transfer.
- Women's specific last for a natural, comfortable fit.
- Low stack height midsole helps stabilize foot, maximizes power transfer and efficiency.

SIZE

· Women: 36 - 44

WEIGHT

· 228 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-R7000



White
SH-RC502 WOMEN



Black
SH-RC502 WOMEN

RC3 WOMEN

WOMEN'S HIGH-PERFORMANCE ROAD CYCLING SHOE WITH ADVANCED FIT AND PEDALING TECHNOLOGIES.

FEATURES

- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Off-set center flap mounted BOA® L6 dial creates a sleeker profile with quick adjustments.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.
- Perforated synthetic leather composite upper enables superior fit and breathability.
- Women's specific last for a natural, comfortable fit.
- Lightweight glass fiber reinforced nylon sole for power transfer.

SIZE

· Women: 35 - 44

WEIGHT

· 226 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-R550, PD-RS500



Indigo blue
SH-RC300 WOMEN



Black
SH-RC300 WOMEN

RC1 WOMEN

WOMEN'S ROAD CYCLING SHOE WITH RACE-INSPIRED STYLE AND FEATURES.

FEATURES

- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Synthetic leather with mesh texture creates a comfortable fit and an exciting racing profile.
- Three durable hook & loop straps evenly spread tightening force across the top of the foot.
- Lightweight glass fiber reinforced nylon sole for power transfer.
- Durable, wide heel pads provide walking stability.
- Women's specific last for a natural, comfortable fit.
- Offset strap relieves tension at highest point of the foot.

SIZE

- Women: 36 - 44

WEIGHT

- 222 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-R550, PD-RS500



Navy
SH-RC100 WOMEN



Black
SH-RC100 WOMEN

TR5 WOMEN

WOMEN'S TRIATHLON SHOE WITH ADVANCED FIT AND PERFORMANCE TECHNOLOGY.

FEATURES

- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.
- T1-Quick strap and extra-wide collar simplifies foot entry and quickens transitions.
- Quickly secure shoe during transitions with easy to grab asymmetrical heel loop.
- 3D breathable mesh improves airflow and dries quicker.
- Women's specific last for a natural, comfortable fit.

SIZE

- Women: 35 - 44

WEIGHT

- 223 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-R7000



White
SH-TR501 WOMEN



CT5 WOMEN

A UNIQUE AND VERSATILE CYCLING SHOE CLEVERLY DISGUISED AS AN URBAN SNEAKER.

FEATURES

- Casual sneaker-style design for everyday cycling life.
- Hidden inner shank plate transfers power to the pedals.
- Shock absorbing EVA mid sole maximizes walking comfort.
- Easy SPD cleat installation.
- Optimized for SPD and SHIMANO CLICK'R pedal systems.
- Women's specific last for a natural, comfortable fit.

SIZE

- Women: 36 - 44

WEIGHT

- 318 g (SIZE 40)



VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-ED500, PD-T421



Black
SH-CT500 WOMEN



IC5 WOMEN

WOMEN'S PERFORMANCE INDOOR SPD CYCLING SHOE WITH A COMFORTABLE FIT AND MAXIMUM BREATHABILITY.

FEATURES

- Breathable, comfortable sock mesh upper designed for hard workouts.
- Easily open, tighten and adjust fit with BOA® L6 dial.
- Full-length reinforced plate provides stable power transfer.
- Full length rubber sole enhances walking comfort.
- DYNALAST WOMEN'S last for a natural, comfortable fit.

SIZE

· Women: 36 - 44

WEIGHT

· 265 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-ES600, PD-ED500

NEW COLOR
Red
SH-IC500 WOMEN



Black
SH-IC500 WOMEN



Purple
SH-IC500 WOMEN

IC3 WOMEN

WOMEN'S INDOOR SPD CYCLING SHOES WITH THE COMFORT, WALKABILITY AND STYLE OF A SNEAKER.

FEATURES

- Breathable, comfortable sock mesh upper designed for hard workouts.
- Easily open, tighten and adjust fit with BOA® L6 dial.
- Mid-length plate provides pedaling stability with off the bike comfort.
- Shock absorbing EVA mid sole maximizes walking comfort.
- Women's specific higher volume last for a natural, comfortable fit.
- Easy SPD cleat installation.

SIZE

· Women: 36 - 44

WEIGHT

· 305 g (SIZE 40)



VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-ES600, PD-ED500

Green
SH-IC300 WOMEN



Black
SH-IC300 WOMEN



White
SH-IC300 WOMEN

NEW

XC5 WOMEN

STYLISH AND VERSATILE WOMEN'S XC SHOES DELIVER HIGH PERFORMANCE TO MORE RIDERS.

FEATURES

- Lightweight SHIMANO ULTREAD XC rubber outsole delivers competition-grade grip that lasts.
- Mesh/TPU and Synthetic leather material covered upper in optimized part to provides comfortable fit and light weight.
- BOA® L6 dial on instep strap quickly and comfortably secures a wide range of foot shapes.
- Glass fiber reinforced midsole for power transfer.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Women's specific last for a natural, comfortable fit.

SIZE

· Women: 36 - 44

WEIGHT

· 290 g (SIZE 40)



SHIMANO DYNALAST

ULTREAD



BEST MATCH
PD-M8100

Sea green
SH-XC502 WOMEN



Gray
SH-XC502 WOMEN

XC3 WOMEN

WOMEN'S HIGH-PERFORMANCE XC MTB RACING SHOE WITH ADVANCED FIT AND PEDALING TECHNOLOGIES.

FEATURES

- Integrated seamless midsole and upper construction set a new level of fit, stability and lightweight performance.
- Off-set center flap mounted BOA® L6 dial creates a sleeker profile with quick adjustments.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Rubber XC racing pattern outsole promotes stable pedal engagement and secure walking grip.
- Low stack height midsole stabilizes foot and maximizes power transfer efficiency.
- Women's specific last for a natural, comfortable fit.

SIZE

- Women: 36 - 44

WEIGHT

- 309 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-M540, PD-M520



Black
SH-XC300 WOMEN



XC1 WOMEN

WOMEN'S PERFORMANCE XC MTB SHOE WITH SHIMANO QUALITY AND DESIGN.

FEATURES

- Perforated synthetic leather composite upper enables superior fit and breathability.
- Three durable hook & loop straps evenly spread tightening force across the top of the foot.
- Offset strap relieves tension at highest point of the foot.
- Surround wrapping upper structure reduces overlap and provides a glove-like fit.
- Lightweight glass fiber reinforced nylon sole for power transfer.
- Rubber XC racing pattern outsole promotes stable pedal engagement and secure walking grip.
- Women's specific last for a natural, comfortable fit.

SIZE

- Women: 36 - 44

WEIGHT

- 310 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-M520



Black
SH-XC100 WOMEN



RX8 WOMEN

WOMEN'S FEATHERWEIGHT GRAVEL RACING SHOES.

FEATURES

- Super stiff and lightweight carbon composite sole.
- System engineered with SPD pedals for maximum pedaling efficiency and stability.
- Lightweight, abrasion-resistant TPU lugs for the best balance of pedaling performance and off the bike capability.
- Surround upper provides the perfect balance of holding power and absolute all day comfort.
- BOA® IP1 with dual micro adjustment function.
- Women's specific last for a natural, comfortable fit.

SIZE

- Women: 36 - 44

WEIGHT

- 253 g (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-M9100



NEW COLOR
Yellow gold
SH-RX800 WOMEN



NEW

AM5 WOMEN

VERSATILE WOMEN'S SPD MOUNTAIN BIKING SHOES COMBINE CLEAN DESIGN AND ESSENTIAL TRAIL PROTECTION.

FEATURES

- Pedal Channel for stable shoe to pedal platform when not clipped in.
- Grippy SHIMANO rubber outsole with toe and heel tread improves stability while clipped in and walking.
- Asymmetrically raised padded ankle collar and sidewall sole for added protection.
- High volume Women's Last for all day on and off the bike comfort.
- Robust toe cap for additional toe protection.
- Durable synthetic upper with mesh for protection and breathability.

SIZE

· Women: 36 - 44

WEIGHT

· 416 g (SIZE 40)



PEDAL CHANNEL

VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-ME700



Aqua blue
SH-AM503 WOMEN



GR5 WOMEN

FLAT PEDAL SHOE PROVIDES THE GRIP, PROTECTION, COMFORT, AND STYLE RIDERS DESIRE.

FEATURES

- Proprietary SHIMANO rubber outsole improves grip on pedal pins for better bike control and ground for greater traction.
- Durable synthetic upper with mesh for protection and breathability.
- Reinforced toe and ankle protection.
- Volume Tour Last for all day on and off the bike comfort.
- Women's specific last for a natural, comfortable fit.

SIZE

· Women: 36 - 44

WEIGHT

· 327 g (SIZE 40)



VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-GR500, PD-GR400



Black
SH-GR501 WOMEN



NEW

MT5 WOMEN

COMFORTABLE, SURE-FOOTED WOMEN'S TOURING SHOES FOR ACTIVE OUTDOOR LIFESTYLES.

FEATURES

- The high-performance off-road cycling shoe with walkability of light hiking shoes.
- Secure speed lacing system with instep strap for fast and easy fit adjustments.
- Lightweight, sporty mesh-paneled upper fits securely and breathes well.
- Glass fiber reinforced shank plate for optimal sole rigidity.
- Shock absorbent EVA midsole and rubber outsole for comfort on and off the bike.
- Women's specific last for a natural, comfortable fit.

SIZE

· Women: 36 - 44

WEIGHT

· 338 g (SIZE 40)



VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-T8000, PD-EH500



Gray
SH-MT502 WOMEN



NEW

ET7 WOMEN

WORRY LESS ABOUT WHERE YOU STEP WITH THESE WOMEN'S MULTI-WEATHER E-BIKE TOURING/TREKKING SHOES.

FEATURES

- Single BOA® L6 dial with optimized lacing pattern quickly and comfortably secures the shoe for efficient pedaling.
- SPLASH SHIELD forefoot membrane protects toes with light water resistance without affecting fit or comfort.
- Semi-rigid Power Transfer Blade midsole for efficient pedaling power transmission.
- Adaptive outsole cross-grooves create a better grip with various types of pedal cages & pins.
- Women's specific last for a natural, comfortable fit.
- 360° Traction sole block pattern offers better grip on various types of pedals and terrain.

SIZE

· Women: 36 - 44

WEIGHT

· 316 g (SIZE 40)



4

E-BIKE
RATED



SYNTHETIC



SPLASH SHIELD

VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-T8000, PD-EH500,
PD-M8141, PD-GR500



Plum
SH-ET700 WOMEN



ET5 WOMEN

WOMEN'S FLAT PEDAL E-BIKE TOURING/TREKKING SHOE INFUSED WITH PEDALING SCIENCE FOR EXCEPTIONAL RIDING AND WALKING COMFORT.

FEATURES

- Semi-rigid Power Transfer Blade midsole for efficient pedaling power transmission.
- 360° Traction sole block pattern offers better grip on various types of pedals and terrain.
- Adaptive outsole cross-grooves create a better grip with various types of pedal cages & pins.
- Hike & descent traction design block pattern on heel & toe provide great grip on variable terrain.
- Mini Power Strap lacing system secures foot and provides a comfortable fit.
- Women's specific last for a natural, comfortable fit.
- Toe box protection and reflective detailing.

SIZE

· Women: 36 - 44

WEIGHT

· 323 g (SIZE 40)



4

E-BIKE
RATED



M.P.S.

VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-T8000, PD-M324,
PD-EH500, PD-EF102



Blue
SH-ET500 WOMEN



Gold
SH-ET500 WOMEN

ET3 WOMEN

WOMEN'S FLAT PEDAL E-BIKE TOURING SHOE THAT COMBINES PEDALING SCIENCE AND WALKING COMFORT.

FEATURES

- Semi-rigid Power Transfer Blade midsole for efficient pedaling power transmission.
- 360° Traction sole block pattern offers better grip on various types of pedals and terrain.
- Adaptive outsole cross-grooves create a better grip with various types of pedal cages & pins.
- Hike & descent traction design block pattern on heel & toe provide great grip on variable terrain.
- Toe box protection and reflective detailing.
- Women's specific last for a natural, comfortable fit.

SIZE

· Women: 36 - 44

WEIGHT

· 309 g (SIZE 40)



4

E-BIKE
RATED



SYNTHETIC

VOLUME TOUR WOMEN'S LAST



BEST MATCH
PD-T8000, PD-M324,
PD-EH500, PD-EF102



Purple
SH-ET300 WOMEN



Green
SH-ET300 WOMEN

INSOLES



CF INSOLES (RC9)

DUAL DENSITY AND HEAT-MOLDABLE, CUSTOM-FITTING INSOLE DISPERSE PRESSURE OF THE PLANTAR EVENLY, IMPROVE POWER TRANSMISSION AND INCREASE COMFORT. ADAPTABLE ARCH PADS OPTIMIZE ARCH SUPPORT. ANTI-SLIP SURFACE KEEP YOUR FEET IN RIGHT PLACE AND SUPPORT PEDALING EFFICIENCY.

COMPATIBLE WITH

For SH-RC902/RC901/RC902T/RC901T/RC702/RC701/RC502/RC502 WOMEN/RC500/RC500 WOMEN/RC300/RC300 WOMEN/RC100/RC100 WOMEN/TR901/TR501/TR501 WOMEN/XC902/XC901/XC702/XC701/XC502/XC502 WOMEN/XC501/XC501 WOMEN/XC300/XC300 WOMEN/XC100/XC100 WOMEN/RX800/RX800 WOMEN/IC500 WOMEN/IC200/IC100/RC900/RC700/RP901/RP501/RP501 WOMEN/RP400/RP400 WOMEN/RP301/RP301 WOMEN/RP201 WOMEN/RP100/RP300/RP300 WOMEN/TR900/TR900 WOMEN/TR500/TR500 WOMEN/XC900/XC700/XC500/XC500 WOMEN/RT500/RT500 WOMEN/RT400/RT400 WOMEN

S-PART NO.

· ESM5HRC9INCF(size)

AVAILABLE SIZES

· 36 - 37.5, 38 - 39.5, 40 - 41.5, 42 - 43.5, 44 - 45.5, 46 - 47.5, 48 - 50



DUAL DENSITY EXTRA-CUSHION INSOLE

THE CUP SHAPE OF THIS INSOLE SERVES TO OPTIMIZE THE HEEL ANGLE AND ENSURE STABILITY WHILE PEDALING. THIS INSOLE IS EQUIPPED WITH A HARD, HIGH-DENSITY, AND HIGHLY DURABLE EVA HEEL CUP. CUSHIONING IN THE HEEL SECTION PROVIDES ADDED COMFORT WHEN WALKING.

COMPATIBLE WITH

For SH-ME702/ME701/ME501/MW701/ME700/ME500

S-PART NO.

· ESM5H200CPIN(size)

AVAILABLE SIZES

· 36 - 38, 38.5 - 40, 40.5 - 42, 42.5 - 44, 44.5 - 46, 46.5 - 48, 49 - 50



NEW

VOLUME TOUR LAST INSOLE

THIS INSOLE FEATURES GROOVES ON THE FRONT AND BACK THAT ARE DESIGNED TO ADAPT TO VARIOUS FOOT SHAPES AND RIDING CONDITIONS.

COMPATIBLE WITH

For SH-AM903/AM902/AM901/AM702/AM702 WOMEN/AM701/AM503/AM503 WOMEN/AM501/GR903/GR901/GR900/GR701/GR701 WOMEN/GR700/GR700 WOMEN/GR501/GR501 WOMEN/GR500/GR500 WOMEN/ME502/ME400/ME400 WOMEN/ME301/ME301 WOMEN/ME201 WOMEN/ME100/MW501/MT701GT/MT701/MT700/MT502/MT502 WOMEN/MT501/MT501 WOMEN/MT500/MT500 WOMEN/MT301/MT301 WOMEN/MT300/MT300 WOMEN/ET700/ET700 WOMEN/ET500/ET500 WOMEN/ET300/ET300 WOMEN/XM900/CT500/CT500 WOMEN/IC300 WOMEN

S-PART NO.

· ESM5HAM903MIN(size)

AVAILABLE SIZES

· 33 - 35, 36 - 38, 38.5 - 40, 40.5 - 42, 42.5 - 44, 44.5 - 46, 46.5 - 48



NEW

STANDARD CUP INSOLE

THE CUP SHAPE OF THIS INSOLE SERVES TO OPTIMIZE THE HEEL ANGLE AND ENSURE STABILITY WHILE PEDALING. THIS INSOLE IS EQUIPPED WITH A HARD, HIGH-DENSITY, AND HIGHLY DURABLE EVA HEEL CUP.

COMPATIBLE WITH

For SH-RC902/RC901/RC902T/RC901T/RC702/RC701/RC502/RC502 WOMEN/RC500/RC500 WOMEN/RC300/RC300 WOMEN/RC100/RC100 WOMEN/TR901/TR501/TR501 WOMEN/XC902/XC901/XC702/XC701/XC502/XC502 WOMEN/XC501/XC501 WOMEN/XC300/XC300 WOMEN/XC100/XC100 WOMEN/RX800/RX800 WOMEN/IC500 WOMEN/IC200/IC100/RC900/RC700/RP901/RP501/RP501 WOMEN/RP400/RP400 WOMEN/RP301/RP301 WOMEN/RP201 WOMEN/RP100/RP300/RP300 WOMEN/TR900/TR900 WOMEN/TR500/TR500 WOMEN/XC900/XC700/XC500/XC500 WOMEN/RT500/RT500 WOMEN/RT400/RT400 WOMEN

S-PART NO.

· ESM5HRC502MIN(size)

AVAILABLE SIZES

· 36 - 38, 38.5 - 40, 40.5 - 42, 42.5 - 44, 44.5 - 46, 46.5 - 48

CHECK COMPATIBILITY

<https://bike.shimano.com/en-EU/apparel-accessories/smallparts/footwear-smallparts.html>



CLEATS



SM-SH10/11/12 SPD-SL CLEATS

S-PART NO.

- SM-SH10 (fixed type) Y42U98020
- SM-SH11 (6 degree float type) Y42U98010
- SM-SH12 (2 degree front center pivoting type) Y40B98140



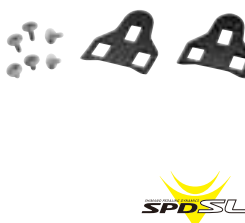
SPD-SL CLEAT BOLTS

S-PART NO.

- Y42U14200 (Normal)
- YL8898050 (Lightweight type)
- Y42U98070 (Medium)
- Y42U98060 (Long)

SIZES

- Normal (M5×8 mm) 1 pc
- Lightweight type (M5×8 mm) 6 pcs
- Medium (M5×10 mm) 6 pcs
- Long (M5×13.5 mm) 6 pcs



SM-SH20 CLEAT SPACERS

STACKABLE CLEAT SPACERS THAT PROVIDE BETWEEN 1 MM AND 5 MM OF HEIGHT-ADJUSTMENT RANGE

S-PART NO.

- Y40B98150

SIZES

- 1 mm spacer 1 pc
- 2 mm spacer 2 pcs
- M5×10 mm bolt 3 pcs
- M5×13.5 mm bolt 3 pcs



SM-SH45 SPD-SL CLEAT COVERS

S-PART NO.

- ESM5H45



SM-SH51 SPD CLEATS

SINGLE DIRECTION RELEASE AND "EASY STEP-IN" FEATURE.

S-PART NO.

- Y42498220
- Y42498201 (without cleat nut)



SM-SH56 SPD CLEATS

MULTI-DIRECTIONAL RELEASE EXCEPT FOR PD-M858

S-PART NO.

- Y41S98092
- Y41S98100 (without cleat nut)



CLEAT NUT

S-PART NO.

- YL0E04000 (1 pc)



SPD CLEAT SPACERS

S-PART NO.

- YL8098030



CLEAT HOLE SPACER

COMPATIBLE WITH

SH-ME700/ME500/AM900/AM700/ME701/ME501

S-PART NO.

- ESM5HM200CHS



SM-SH40 SPD CLEAT ADAPTERS

DURABLE, NON-SLIP PU COATING ON PONTOON. LONG CLEAT MOUNT BOLTS AND NON-TURN BOLTS ARE INCLUDED.

COMPATIBLE WITH

SH-RP500/RP300/RP200/RP100/TR500/RP500 WOMEN/RP300 WOMEN/RP200 WOMEN/TR500 WOMEN/IC100

S-PART NO.

- ESM5H40M (without cleat)
- ESM5H4051M (with SM-SH51)
- ESM5H4056M (with SM-SH56)



SM-SH41 SPD CLEAT ADAPTERS

SIMPLE ADAPTER WITH MINIMUM CLEAT ADJUSTABLE RANGE. EXPAND SPD COMPATIBILITY OF ROAD SHOES.

For all SHIMANO 3-hole outsoles

S-PART NO.

- ESM5H41



CLEAT CAP

COMPATIBLE WITH

SH-XM900/XM700/MT701GTX/MT701/MT700/MT501/MT501 WOMEN/MT500/MT500 WOMEN/MT301/MT301 WOMEN/MT300/MT300 WOMEN/SD500

S-PART NO.

- ESM5HMT33CC



CLEAT CAP

COMPATIBLE WITH

SH-IC300 WOMEN/CT500/CT500 WOMEN

S-PART NO.

- ESM5HCT500CC



SPD-SL SEAL

WATERPROOF SEAL FOR SPD-SL

S-PART NO.

- ESM5HRC902M55W01000



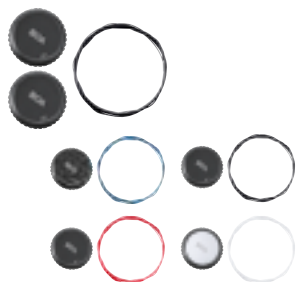
SPD SEAL

WATERPROOF SEAL FOR SPD

S-PART NO.

- ESM5HME700SEAL

BUCKLES & STRAPS



BOA® Li2 REPAIR KIT 2 DIALS

TWO DIALS FOR RIGHT, OR TWO DIALS FOR LEFT

COMPATIBLE WITH

SH-RC902/XC902

S-PART NO.

- Blue: ESMSHRC902MBOB0100 (L/R)
- Black: ESMSHRC902MBOL0100 (L/R)
- Red: ESMSHRC902MBOR0100 (L/R)
- White: ESMSHRC902MBOW0100 (L/R)



BOA® IP1 REPAIR KIT 2 DIALS

TWO DIALS FOR RIGHT, OR TWO DIALS FOR LEFT.

COMPATIBLE WITH

SH-RC901/XC901

S-PART NO.

- Blue: ESMSHRC901MBOB01000(L/R)
- Green: ESMSHRC901MBOE01000(L/R)
- White: ESMSHRC901MBOW01000(L/R)
- Black: ESMSHRC901MBOL01000(L/R)

* BOA®Li2 REPAIR KIT 2 DIALS for SH-RC902S are supported by Boa Technology. Please ask BOA Fit System Warranty Support.



NEW

BOA® Li2 REPAIR KIT 1 DIAL

RIGHT OR LEFT

COMPATIBLE WITH

SH-RC902T

S-PART NO.

- White: ESMSHRC902TBOW01000 (L/R)



BOA® IP1 REPAIR KIT 1 DIAL

RIGHT OR LEFT

COMPATIBLE WITH

SH-RX800/RX800 WOMEN

S-PART NO.

- Black: ESMSHRX800MBOL0100(L/R)



BOA® L6 REPAIR KIT 1 DIAL

RIGHT OR LEFT

COMPATIBLE WITH

SH-RC901T

S-PART NO.

- Blue: ESMSHRC901TBOB0100(L/R)



COMPATIBLE WITH

SH-RC702/RC701/XC702/XC701/ME501/MW701

S-PART NO.

- Gray: ESMSHMW701MBOG01000(L/R)



COMPATIBLE WITH

SH-RC300/RC300 WOMEN/XC300/XC300 WOMEN/RP400/RP400 WOMEN/ME400/ME400 WOMEN/ET700/ET700 WOMEN

S-PART NO.

- Black: ESMSHRC300MBOL01000 (L/R)
- White: ESMSHRC300MBOW01000 (L/R)



COMPATIBLE WITH

SH-RC502/RC502 WOMEN/RC500/RC500 WOMEN/XC502/XC502 WOMEN/XC501/XC501 WOMEN/MT701GT/MT701/ME502

S-PART NO.

- Clear: ESMSHRC500MBOC0100(L/R)
- Black: ESMSHMT701MBOL0100(L/R)



COMPATIBLE WITH

SH-IC500/IC300

S-PART NO.

- Clear: ESMSHIC500WBOC0100(L/R)



BUCKLE & STRAP SET

COMPATIBLE WITH

SH-RP301/RP301 WOMEN/ME702/ME701/ME700/ME500/ME301/ME301 WOMEN/ME300/ME300 WOMEN

S-PART NO.

- Black: ESMSHRP301MBSL010000
- White: ESMSHRP301MBSW010000

**THE BOA®
GUARANTEE**

The BOA Fit System dials and laces are guaranteed for the lifetime of the product on which they are integrated.

For more information about THE BOA GUARANTEE and order, please visit BOA Technology website.

<https://www.boafit.com/en-us/support>





NEW
SPEED LACING PARTS KIT

COMPATIBLE WITH
SH-ME702/ME701/ME700/MW700/MW501/
MW500/AM903/AM902/AM901/GR901/
GR900/
MT502/MT502 WOMEN/MT501/MT501
WOMEN/MT500/MT500 WOMEN
S-PART NO.
· ESM5HAM903MSLL01000



MINI POWER STRAP SET

COMPATIBLE WITH
SH-XM900
S-PART NO.
· ESM5HXM900MPS(size)
AVAILABLE SIZES
· 37, 40, 42, 44, 46, 48



COMPATIBLE WITH
SH-ET500
S-PART NO.
· Black: ESM5HET500MMPL01(size)
AVAILABLE SIZES
· 36 - 40, 41 - 44, 45 - 48



(ESMSHRC902MHPL01)

REPLACEABLE HEEL PADS

COMPATIBLE WITH
SH-RC902/RC902T
S-PART NO.
· ESM5SHRC902MHPL01(size)
AVAILABLE SIZES
· 36 - 39.5, 40 - 43.5, 44 - 48



(ESMSHRC900HP)

COMPATIBLE WITH
SH-RC900/RC901/RC901T
S-PART NO.
· ESM5SHRC900HP(size)
AVAILABLE SIZES
· 36 - 39.5, 40 - 43.5, 44 - 48

SPIKES & ACCESSORIES



NEW
**REMOVABLE TOE SPIKES
(TALON SPIKES)**

**ULTIMATE TRACTION IN MUDDY/WET
GROUND**

COMPATIBLE WITH
SH-XC902/XC901/XC900/XC702/XC701/
XC700/XC502/XC502 WOMEN/XC501/XC501
WOMEN/XC500/XC500 WOMEN
S-PART NO.
· ESM5SHXC902MSKL01000



**REMOVABLE TOE SPIKES
(18 MM HEIGHT)**

**LIGHTWEIGHT, HIGH TRACTION IN MUDDY
GROUND**

COMPATIBLE WITH
SH-XC902/XC901/XC900/XC702/XC701/
XC700/XC502/XC502 WOMEN/XC501/XC501
WOMEN/XC500/XC500 WOMEN
S-PART NO.
· ESM5SHXC900SPIKE



**REMOVABLE TOE SPIKES
(10 MM HEIGHT)**

COMPATIBLE WITH
SH-XC902/XC901/XC900/XC702/XC701/
XC700/XC502/XC502 WOMEN/XC501/XC501
WOMEN/XC500/XC500 WOMEN
S-PART NO.
· ESM5H225SPIKE



**REMOVABLE TOE SPIKES
(7.5 MM HEIGHT)**

COMPATIBLE WITH
SH-XC902/XC901/XC900/XC702/XC701/
XC700/XC502/XC502 WOMEN/XC501/XC501
WOMEN/XC500/XC500 WOMEN
S-PART NO.
· ESM5SHXC905SPIKE



LOW PROFILE RESIN SPIKES

COMPATIBLE WITH
SH-XC902/XC901/XC900/XC702/XC701/
XC700/XC502/XC502 WOMEN/XC501/XC501
WOMEN/XC500/XC500 WOMEN
S-PART NO.
· Gray: ESM5SHXC901MSKG01000



(ESMSHRC902MCNL01000)

CLEAT NUT SET

COMPATIBLE WITH
SH-RC902/RC902T/RC702
S-PART NO.
· ESM5SHRC902MCNL01000



(ESMSHRC900CLNT)

COMPATIBLE WITH
SH-RC901/RC901T/RC900
S-PART NO.
· ESM5SHRC900CLNT



(ESMSHRP900CLNT)

COMPATIBLE WITH
SH-RP901/RP900/RP700 WOMEN/RC701/
RC700/RC502/RC502 WOMEN/RC500/
RC500 WOMEN/RP501/RP501 WOMEN/
TR901/TR900/TR900 WOMEN/RP400/RP400
WOMEN/RP301/RP301 WOMEN/RP201
WOMEN
S-PART NO.
· ESM5SHRP900CLNT




























(ESMSHRP100CLNT)

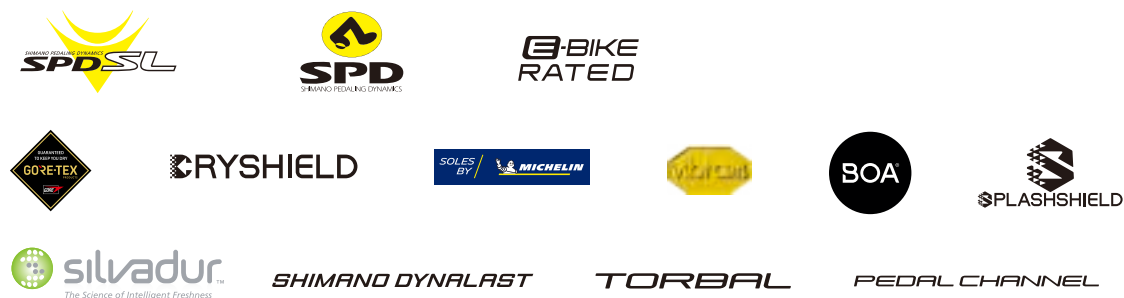
COMPATIBLE WITH
SH-RP500/RP500 WOMEN/
RP300/RP300 WOMEN/
RP200/RP200 WOMEN/RP100/
TR500/TR500 WOMEN/C100
S-PART NO.
· ESM5SHRP100CLNT

FOOTWEAR ICONS

FEATURES

	BREATHABLE NATURAL LEATHER A perfect match with GORE-TEX performance comfort footwear		MICROFIBER SYNTHETIC LEATHER Supple, light yet stretch-resistant material		SYNTHETIC LEATHER Lighter, stronger and more durable than natural leathers
	OFFSET STRAPS Asymmetric straps relieve pressure points		REINFORCED SPIKE MOUNT Reinforced spike mount for extreme conditions		EXTERNAL HEEL CUP External curved heel cup suppresses foot twist and roll
	HEEL STABILIZER Improves heel hold		LOW PROFILE REVERSE BUCKLE Reliable and secure adjustment closure		SPEED LACING Allow fast, easy adjustment for a secure fit
	QUICK STRAPS For fast triathlon transitions		MINI POWER STRAP Provides leverage and holding power in critical areas		CARBON SOLE/MID SOLE Carbon fiber composite sole/mid sole
	HOLLOW-CHANNEL Lightweight, ultra-rigid hollow outsole		CUSHION INSOLE For shock absorption		COMPATIBLE WITH SPD AND SPD-SL
	HARDER CONTACT BLOCK Promotes stability and pedaling efficiency		WIDER CLEAT ADJUSTMENT Expands range for mounting cleats		WIDER CLEAT ADJUSTMENT Expands range for mounting cleats
	SURROUND WRAPPING UPPER Surrounds the foot and creates a better fit with fewer gaps between shoes and feet		SEAMLESS MIDSOLE STRUCTURE Lower stack height stabilizes pedaling strokes and maximizes efficiency		FUNCTION SPECIFIC ZONES Targeted zones to maximize fit, flexibility, rigidity and breathability
	ANTI-TWIST STABILIZER Stabilizing heel cup structure reduces pedaling wobble for smooth accelerations		MID-FOOT CLEAT RANGE Extended midfoot cleat range for better bike control and walkability		CROSS STRAP One simple band strap provides secure holding and adjustability
	MIXED LAST Small sizes are narrow/women's fit, larger sizes are men's fit				

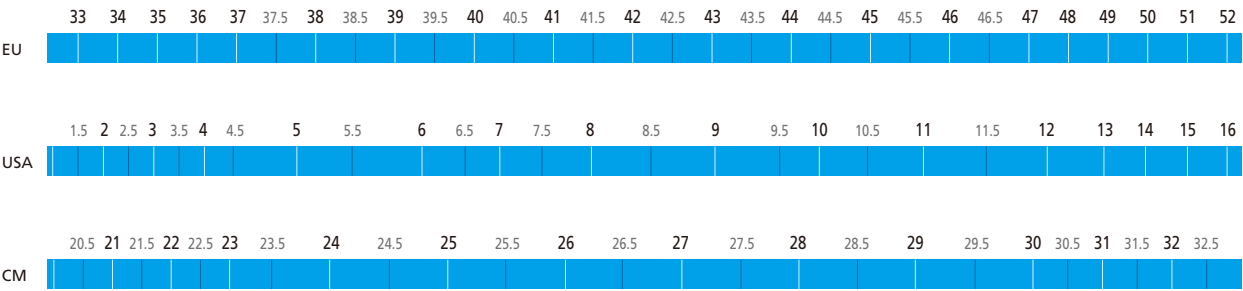
TECHNOLOGIES



ULTREAD

SIZING CHARTS

MEN'S FOOTWEAR



WOMEN'S FOOTWEAR

